

CURRICULA VITAE

Dr. NAVNEET SAINI

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Sri Muktsar Sahib, 152026

Punjab (INDIA)

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CAREER OBJECTIVE

Willing to use my expertise and skills of sociological studies to help improve the society one lives in, tackle the social problems, and help people to adapt to the concept of society, which, at times, leads to frustration and crimes.

CAREER SUMMARY

Presently working as an Assistant Professor in the Post Graduate Department of Sociology at Guru Nanak College for Girls, Sri Muktsar Sahib. Also, a part of the University programs and works as a Research Supervisor in the Department of Sociology at Panjab University, Chandigarh.

SUMMARY OF SKILLS

- Good communication and presentation skills.
- Expertise in developing a teaching approach that helps keeping students motivated and interested in the subject.
- Expertise in coming up with live examples to explain different concepts of sociology.
- Conduct visits to different places and motivate students to analyze the society and sociological factors of it.
- Expertise in evaluating and providing feedback to students based on their performance to help them improve further.

PROFESSIONAL EXPERIENCE

Current Employer: Guru Nanak College for Girls, Sri Muktsar Sahib (2012- till date).

Designation: Assistant Professor in Sociology

Roles and Responsibilities:

- Working as a Research Supervisor in Panjab University, Chandigarh
- Coordinator of Unnat Bharat Abhiyan (a flagship program of Ministry of Human Resource Development, Government of India).
- Member of Internal Quality Assurance Cell Committee. Plan, guide and monitor quality assurance and quality enhancement activities of the institute.
- In charge of Red Cross Society. Raise funds to alleviate human suffering, protect life and health, and uphold human dignity.
- In charge of tutorial group and extra-curricular activities. Help students to explore interests and create broader perspectives.
- Plan the semester in advance. Prepare the required course materials, presentations, and evaluation papers for the same.
- Review test papers, assignments, presentations, and projects submitted by the students.

- Work towards eradicating different social problems such as child abuse, sexual abuse, gender discrimination, caste and race discrimination etc.
- Conduct revamping activities for the ones in dire need of the same.
- Help victims get the required help from the governing authorities and assist them live a better life.
- Assist in providing medical and educational assistance.

PERSONAL QUALITIES

- Passion for the subject
- Excellent interpersonal skills
- Strong logical and analytical skills
- High Self Confidence
- Hard working

QUALIFICATIONS

- Masters in Sociology from Department of Sociology, Panjab University, Chandigarh.
- Masters of Philosophy in Sociology from Department of Sociology, Panjab University, Chandigarh.
- Bachelors of Education from Panjab University, Chandigarh.
- Doctorate of Philosophy in Sociology from Department of Sociology, Panjab University, Chandigarh
- UGC NET Qualified and Junior Research Fellowship awarded.

M.Phil Dissertation topic

Changing role of Rural Women in Family Decision Making in Punjab.

Ph.D Dissertation topic

Violence against Women in the Family: A Study of Malwa Region in Rural Punjab.

COMPUTER KNOWLEDGE

- Proficient in basic use of computer
- Internet Savvy

TEACHING INTERESTS

- Sociology of family
- Sociology of gender
- Sociology of deviance
- Sociology of Urban Settlements
- Social development in India
- Environmental crisis and sustainable development

FELLOWSHIP AWARD

Junior Research Fellowship awarded and worked as a research scholar in the Department of Sociology at Panjab University, Chandigarh from 24.01.2011 to 26.06.2012.

PUBLICATIONS

BOOKS

1. Saini, Navneet. 2016. *Changing Trends of Marriage - A Study of Young Adults*. Chandigarh: Unistar Publications. ISBN- 978-93-5113-721-4.

2. Saini, Navneet. 2019. *Violence Against Women in the Family: A Study of Malwa Region in Rural Punjab*. Chandigarh: Unistar Publications. ISBN- 978-93-89198-01-0.
3. Saini, Navneet. 2019. *Adolescent Girls in Rural Punjab: Issues and Challenges*. Chandigarh: Unistar Publications. ISBN- 978-93-89198-00-3.
4. Saini, Navneet. 2019. *Role and Impact of Media on Society*. (Edited). Chandigarh: Unistar Publications. ISBN- 978-93-82837-74-9.

CHAPTERS IN EDITED BOOKS

1. Saini, Navneet. 2016. 'Eco-feminism', in Vinod Kumar, Vinod K. and Muraree L.M.(ed.): *Environmental Crisis and Sustainability: A Response*. New Delhi: Ansh Book International. ISBN- 978-81-929327-5-0.
2. Saini, Navneet. 2017. 'Neglect, Abuse and Violence against Aged Women', in Vinod Kumar and Vinod Kumar (ed.): *Ageing in India: Challenges and Changes*. New Delhi: Ansh Book International. ISBN- 978-81-934461-0-2.
3. Saini, Navneet. 2018. 'People's Preference towards Female Child within the Contemporary Society: Some Reflections', in Reetu Sharma (ed.): *Women Empowerment in India*. Chandigarh: New Era Book Agency. ISBN- 978-81-290-0177-1.
4. Saini, Navneet. 2020. 'The Unhappy Women: A Sociological Study of Unhappy Marriages', in Amit Bhowmick and Elias Olukorede Wahab (ed.): *Sociology of Women's World*. New Delhi: Mittal Publications. ISBN- 81-8324-962-0.

CHAPTERS IN PROCEEDINGS

1. Saini, Navneet. 2014. 'Impacts of Globalization', in B. Sharma (ed.): *Bhumandlikaran Ke Sandarbh Me Sahitya*. Chandigarh: Unistar Publications. ISBN- 978-93-5113-506-7.
2. Saini, Navneet. 2018. 'Impact of Mass Media on Rural Women : A Sociological Study of District Sri Muktsar Sahib', in Rajinder Kaur and Sunita Kaushal (ed.): *Portrayal of*

Women in Media: An Inter-Disciplinary Approach. Chandigarh: Saptrishi Publications.
ISBN- 978-93-8811-981-8.

RESEARCH PAPERS IN REPUTED JOURNALS

1. Saini, Navneet. 2015. 'Marital Maladjustment among Working Women of Sri Muktsar Sahib: A Sociological study', *Intellectual Quest*, Vol-3, June 2015. pp-19-28. ISSN 2349-1949.
2. Saini, Navneet. 2015. 'Mate Selection: A Survey of 150 Cases among students of Panjab University, Chandigarh', *Chintan*, Vol-18, June 2015. pp-346-353. ISSN 2229-7227.
3. Saini, Navneet. 2015. 'Problems faced by the students due to entrance exams', *Pramana*, Vol-16, June 2015. pp-247-253. ISSN 2249-2976.
4. Saini, Navneet. 2016. 'Changing role of Rural Women in Family Decision Making in Punjab', *Drashta*, Vol-17, February 2016. pp-236-246. ISSN 2277-2480.
5. Saini, Navneet. 2016. 'Problems Faced by Rural Adolescent Girls- A Sociological Study of Village Kotli Dewan', *Hindu- International Refereed Journal*, Vol-9, January 2016. pp-244-248. ISSN 2348-0114.

PAPER PRESENTATIONS IN NATIONAL/ INTERNATIONAL CONFERENCES

1. Presented a paper under the title "Rural Women and Environment" in the two day UGC CAS Sponsored National Seminar on "Environment, Science and Technology" held at the ICSSR Complex, Panjab University on 24-25th March 2011.

2. Presented a paper under the title "A Sociological analysis of Contemporary Novels" in one day State Level Seminar on "Samkaleen Hindi Natakon Ka Samajshastriya Adhayan" organized by the Dept. of Hindi, Guru Nanak College for Girls, Sri Muktsar Sahib, sponsored by College Development Council, Panjab University, Chandigarh on 09.02.13
3. Presented a paper under the title "Impacts of Globalization" in one day State Level Seminar on "Bhoomandlikaran Ki Chunaution Evam Sahitya Par Parbhav" organized by the Dept. of Hindi, D.A.V. College, Malout, sponsored by College Development Council, Panjab University, Chandigarh on 12.02.13.
4. Presented a paper under the title "Women and Human Rights" in the two day National Seminar on "Human Rights for the Empowerment of Marginalized Communities in India: Understanding and Rethinking Strategy" organized by the Dept. of Political Science, P.G. Govt. College, Sector 46, Chandigarh, sponsored by Indian Council of Social Science Research on 12.03.2016.
5. Presented a paper under the title "Gender Analysis and Development: A Study of District Sri Muktsar Sahib" in the two day UGC SAP Sponsored National Seminar on "Trends and Issues in Development" held at the ICSSR Complex, Panjab University on 2nd -3rd March 2017.
6. Presented a paper under the title "Entrepreneurship in India" in a National Seminar on "Entrepreneurship in India: Need of the Hour" held at Guru Nanak College for Girls, Sri Muktsar Sahib, sponsored by Indian Council of Social Science Research Regional Centre, Chandigarh on March 18, 2017.
7. Presented a paper under the title "Impact of Mass Media upon Rural Women" in ICSSR sponsored One Day National Seminar on "Portrayal of Women in Media: An Inter-Disciplinary Approach" organized by Dept. of Sociology, Guru Gobind Singh Khalsa College for Women, Jhar Sahib (LDH.) on 25th March, 2017.
8. Presented a paper under the title "Technology and Rural Women" in an International Conference on "Recent Trends in Technology and its Impact on Economy of India" held at Guru Nanak College for Girls, Sri Muktsar Sahib on 24th October, 2017.
9. Presented a paper under the title "Forms of Domestic Violence: A Sociological Study" in ICSSR Sponsored National Seminar on "Gender Equality and Feminism in Contemporary India: Issues

and Challenges" organized by Dept. of Social Sciences, Miller Ganj, Ludhiana on 15th January, 2018.

10. Presented a paper under the title "Consumer Rights Awareness among Rural People" in a National Seminar on "Consumerism and Consumer Protection in the Era of Open Markets in India" held at Post Graduate Government College for Girls, Sector 11, Chandigarh, sponsored by College Development 30th January, 2018.

11. Presented a paper under the title "Philosophy of Aristotle and Happiness" in Two Day International Conference on "Soul in Symphony: Spiritual and Pragmatic Aspects of Happiness" held at MCM DAV College for Girls, Sector 36, Chandigarh on January 29th and 30th January, 2018.

12. Presented a paper under the title "Water Pollution and its Impacts " in NWISA XX National Conference on "Contemporary Issues in North West India: Challenges and Strategies" organized by Dept. of Sociology, Panjab University, Chandigarh on February 21-22, 2019.

13. Presented a paper under the title "Social Media and Political Leaders: A Study of Sri Muktsar Sahib" in an International Seminar on "Electoral System: Democracy, Laws and Issues" organized by Centre for Constitution and Public Policy (CCPP) University Institute of Legal Studies (UILS), Panjab University, Chandigarh in association with Nottingham Trent University, UK on 9th March 2019.

14. Presented a paper under the title "The Problem of Marginalized People of Rural Punjab: A Study" in a National Seminar on ""Social Inclusion and Social Equality through Education" held at Post Graduate Government College for Girls, Sector 11, Chandigarh, sponsored by College Development 26th March, 2019.

15. Presented a paper under the title "Dalit Women and Violence" in the two day UGC SAP (CAS II) Sponsored National Seminar on "Emerging Dalit Issues: Strategies for Empowerment and Development" held at the ICSSR Complex, Panjab University from March 27-28, 2019.

16. Presented a paper under the title "Empowering Women through Legal Awareness" in a One Day National Seminar on "Legal Awareness" held at Guru Nanak College for Girls, Sri Muktsar Sahib, sponsored by National Commission for Women, New Delhi on February 26, 2020.

17. Presented a paper under the title "Feminization of Poverty" in the two day UGC SAP (CAS II) Sponsored National Seminar on "The Inter-linkages Between Poverty, Population and Environment: Challenges and Opportunities" held at the ICSSR Complex, Panjab University from March 3-4, 2020.

18. Presented a paper under the title "Guru Nanak Devji- A Light for the Emancipation of Women" in the ICSSR Sponsored National Seminar on "Guru Nanak's Philosophy and its Relevance in the Modern Era of Globalization" held at Guru Nanak College for Girls, Sri Muktsar Sahib on March 14, 2020.

WORKSHOPS ATTENDED

1. Awarded the certificate in recognition of Successful completion of "Ten Day Research Methodology Program for Ph.D Students in Social Sciences" held from March 21 to 30, 2015 sponsored by Indian Council of Social Science Research (Ministry of Human Resource Development, Govt. of India) New Delhi.

2. Participated in two days Legal Awareness Program about Women related Laws sponsored by National Commission for Women, New Delhi at Central University of Bathinda on 8th and 9th March 2016.

ORIENTATION COURSE/ REFRESHER COURSE ATTENDED

1. Attended successfully the UGC sponsored Orientation Program from 10.05.14 to 06.06.2014 organized by the UGC Academic Staff College, Panjab University, Chandigarh and obtained grade 'A'.

2. Attended successfully the UGC sponsored Refresher Course in 'Research Methodology and Data Analyzing' from 24.11.16 to 14.12.2016 organized by the UGC Academic Staff College, Panjab University, Chandigarh and obtained grade 'A'.

References:

1. Dr. Kumool Abbi

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Panjab University, Chandigarh.

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2. Dr. Rani Mehta

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3. Dr. Rajesh Gill

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